



Nutrition & Dietetics
Advisory Board Meeting
Meeting Minutes
Thursday, May 15, 2025, ZOOM

Meeting called to order by Koby Moridzadeh at 4:00 PM

Attendees Present:

Long Beach City College Faculty Members:

Koby Moridzadeh, Department Head, FACS and Program Director, Nutrition & Dietetics

Michelle Fino, Professor

Becky Black, Professor

Outside Facilities – Industry Members:

Jana Nicholl, RDN, Assistant Director for Food & Nutrition Services, Kaiser Downey

Mandy Nezami, Systems Director, Pipeline Health

Beth Cordova, Dietetic Internship Director, PHFE WIC

Anthony Mustafa, Foodservice General Manager, Sodexo

Shola Ayodele, Clinical Nutrition Manager, Palmdale Medical Center

Emily Kirsich, Assistant Professor of Nutrition and DPD Director, Cal Poly Pomona

Dr. Gail Frank, Professor of Nutrition and Dietetic Internship, CSULB

Nicole Thompson, Food and Nutrition Director, Broadway by the Sea

Dr. Leila Yoonesi, Pediatrician and Pediatric Pulmonologist

Andrea Valdez, Senior Manager of Food Service Operations, City of Hope Orange County

Marina Hernandez, Dietetic Internship Coordinator, Long Beach Memorial Center

Yesenia Montes, CDM, Dietary Supervisor, College Medical Center South Campus

Fatheema Subhan, Assistant Professor, Cal Poly Pomona

Stephanie Lew, Clinical Nutrition Manager, Rancho Los Amigos

Guests:

Gita Runkle, Dean of Career Education

Grace Gonzalez, Instructional Assistant for Nutrition Program

Charace Thompson, Recorder & Meeting Support

1. Approval of Agenda

- a. Motion: Becky Black
- b. Second: Michelle Fino
- c. Motion Carried: Unanimously Approved

2. Approval of Minutes

- a. Motion: Gail Frank
- b. Second: Becky Black
- c. Motion Carried: Unanimously Approved

3. **Administrative Update** – Koby Moridzadeh, M.Ed., RDN- DH, Program Director, and Professor
 - a. Enrollment: 2023-2024 Academic Year
 - i. Summer 2023 – 440, Fall 2023 – 1386, Winter 2024 – 361, Spring 2024 – 1434
 - ii. 2023-2024 Enrolled NUTR Majors – AD-T: 162, AA/AS: 69, Cert Ach: 15, Non-Credit 7
 - b. Program Status
 - i. DSS (Dietetic Service Supervisor) – 9 Passed Exam (100% Passing Rate)
 1. Exam offered twice a year- Fall/Spring
 2. These students are automatically eligible to take the CDM (Certified Dietary Manager – national certificate)
 - ii. AA/AS, AD-T, Cert. of Achievement, Cert. of Completion – 44 awards (2023-2024)

4. Program Accomplishments

- a. ANFP Approved Training Program for Certified Dietary Manager (CDM), full approval for Pathway I and Pathway IIIb for 5 years (2029)
- b. Strong Workforce Grant – Empowering Student Success for \$40,000
- c. Annual CDR, CPE provider renewal
- d. New Courses:
 - i. Breastfeeding and Nutrition – Offered Spring 2025 for first time
 - ii. NUTR 22: Food and Culture in the U.S. – Offering Spring 2026, approved for UC transfer and pending CalGETC approval.
- e. SWP Projects & Department Purchases for 2023-2024
 - i. SWP (Awarded 40k last year): Monthly Training for faculty with stipend, LTE-Instructional Assistant, Instructional Supplies and textbooks for clinical courses & faculty resources, marketing (giveaways), 2025 ANFP Curriculum, and CAND AC attendance.
 - ii. Department Purchases (as part of Program Planning): Dishwashers (x2), updated food lab equipment, necessary operating supplies for food lab
- f. Endowment Report
 - i. 45k used for student success or student needs only; CAND Conference student attendance (3) and background check (1 student)
 - ii. Uniform Reimbursement Grant - \$1000 grant for uniforms for NUTR 230AB (6 students)
- g. SWP – Monthly Professional Development Workshops (Michelle Fino)
 - i. Led by full-time faculty to support teaching and student success. These workshops provide stipends and foster collaboration among all faculty (especially adjuncts) as a space to share resources, gather feedback, and learn from each other.
- h. In Class Marketing (Becky Black)
 - i. Slides developed for all faculty to integrate into their current NUTR courses to advertise other NUTR course offerings
- i. Community Events – Program participated in a variety of events to promote the program including LBCC’s Viking Preview Day, TTC Block Party, LBUSD 4th

Grade Tours (showcased the F109 food lab), High School Educator Conference, and Nutrition Education Classes at Spane Park (City of Paramount).

- j. Nutrition Club – The club was active this year and participated in several on-campus events, including the TTC Halloween Carnival and collaborations with Basic Needs at the Viking Village Market. The club hosted events during National Nutrition Month and had the chance to attend CAND AC.
5. **Curriculum** – Koby Moridzadeh, M.Ed., RDN- DH, Program Director, and Professor
- a. New LBCC General Education – Area 7: Area 6 – Physical Fitness and Wellness was removed from GE, which affected 10 NUTR courses, in the process of applying to bring these courses to Area 7.
 - b. Course Unit Decrease – Decrease units of NUTR 24 and NUTR 31 from 3 units to 2 units. Content has not shrunk or changed, streamlining course redundancies.
 - c. Changes to Nutrition Assistant, AS Degree – Remove NUTR 240 B and add NUTR 22
 - d. **ACTION:** Faculty recommend the creation of the following certificates:
 - (1) Nutrition and Wellness for Healthy Aging
 - (2) Nutrition and Fitness Education
 - (3) Child Nutrition Management
 - (4) Nutrition and Technology
 - (5) Nutrition, Wellness, and Healthy Cooking
 - i. Motion: Mandy Nezami
 - ii. Second: Stephanie Lew
 - iii. Motion Carried: Unanimously Approved
 - e. **ACTION:** Faculty recommend the creation of the following courses:
 - (1) Credit Version of NUTR 610 & NUTR 611 into NUTR 210 & NUTR 211
 - (2) Principles of Plant-Based Nutrition (3 units)
 - (3) Fuel for Fire (Nutrition and Cooking for Firefighters) (1 unit)
 - (4) Introduction to Nutrition and Trauma
 - i. Motion: Gail Frank
 - ii. Second: Beth Cordova
 - iii. Motion Carried: Unanimously Approved
6. **Industry Update/Feedback – Committee Members**
- a. Leila Yoonessi – Request for a class focusing on Infant and Toddler Nutrition.
 - b. Gail Frank – The Use of AI in Curriculum Development – This is something to keep in mind when developing new courses.
 - c. Leila Yoonessi – Concern with job security in relation to AI in the near future.
 - d. Mandy Nezami – The dietitian market is getting smaller (due to the Master’s requirement), while CDM/DSS positions are more marketable and are in roles such as subacute care, nursing homes, and adult daycare centers. AI will continue to enhance the knowledge of these types of students.

7. **Date and Time of Next Meeting** – Spring 2026/TBA

8. **Adjournment** at 5:18 PM