

SAN DIEGO CITY COLLEGE
Nutrition and Community Wellness Certificate Program
Advisory Board Meeting
True foods
January 25th, 2017 12:00pm

Meeting Minutes

PRESENT:

SD CITY COLLEGE FACULTY/ Industry Specialist

Gabriela Hogan - Professor, Nutrition committee director, fitness instructor Fit

Dede Bodnar- Professor, chair of HES department, fitness instructor 24 hr

Shelly Hess- Dean, Curriculum and Instructional Services

Christina Troutner- Professor, employee at Health 360 nutritional website and app

Kimberly Caccavo- Cofounder of Graced by Grit

1. **CALL TO ORDER.** The meeting was called to order at 12:00pm. Gabriela Hogan welcomed everyone and thanked them for attending. She informed everyone that the reason for this spring meeting was to discuss starting a nutrition certification, industry needs, title, student/community needs, and future goals.

2. **AGENDA ITEMS.**
 - A. **Creation of program name** – Program Director Gabriela Hogan shared that San Diego City College was starting a nutrition certificate program and needed a name to distinguish it from other programs in the district.
 - i. Members discussed what would make our program different and meet the needs of our student population.
 - ii. Members came to agreement of the importance of nutritional education among community.
 - iii. All members agreed on: Nutrition and Community Wellness certification
Christina Troutner suggested: Nutrition and Community Wellness certification
Dede Bodner 2nd
vote: (passed) Unanimous

 - B. **Discuss goals of the certification** – Members discussed what will be the outcome of the certification for the students.
 - i. Discussion- members brought up ideas of possible jobs this certification can lead to or assist in. Possible jobs that were discussed included those within the health and fitness industry as well as community outreach in health and wellness.
 - ii. Members also discussed possibility of students to be more prepared for nationally accredited nutrition certifications in nutrition coaching and health coaching.

 - C. **Discussion of future goals for the Nutrition program at San Diego City College.**

- i. Goals of other nutrition certifications to focus on fitness were discussed.
- ii. Members discussed need for more nutrition classes to be offered at San Diego City College and a need and demand from the student population.

3. **NEXT MEETING.** Gabriela Hogan thanked the committee members for attending and shared that the next meeting will be held in Fall.

4. **ADJOURN.** The meeting was adjourned at 2:07 pm.